

Stay **well** this Easter

This handy guide from the **CCGs** in Sefton will help you access the right health advice and treatment over the Easter period.

**HELP US
HELP YOU
KNOW WHAT TO DO**

Included is some simple advice on what to do and where to go should you or a member of your family become ill and need medical help. *Keep this guide in a safe place. It will help you be prepared for whatever the Easter weekend has in store...*



We're **here for you,** for longer

NHS

Your GP is available from 8am to 6.30pm weekdays with same day appointments available if necessary. You can also see a GP if you need to outside of these hours, speak to your GP practice or call NHS 111 for advice on where to go.

Patients registered with a GP practice in Sefton now have access to evening and weekend appointments 365 days a year. These can be booked via your usual GP practice or NHS 111.



Cervical screening can stop cancer before it starts



Did you know you can ask to have your cervical screening at the weekend or of an evening? Ask your GP practice about this.

NHS

NHS 111 is also available for free when you need medical help fast and it's not a 999 emergency.

You can call **111** or simply visit:
www.111.nhs.uk





Sefton Sexual Health Service

All clinics will be closed on Good Friday (19 April) and Easter Monday (22 April).

Both St Hugh's, Bootle and Southport Centre for Health & Wellbeing will be open on Saturday 20 April between 12.00 and 15.00.

Details of all other opening times and information on how to access emergency contraception can be found on the Sefton sexual health service website under 'Urgent Help' - www.seftonsexualhealth.nhs.uk

Walk-in and receive treatment 365 days of the year here

- No need for an appointment
- The walk-in service treats minor illnesses and injuries that do not need a visit to accident and emergency
- All ages can get treatment here
- No matter where you live in Sefton, you can simply drop-in without an appointment, early till late most days

NHS Walk-in and Urgent Care Centres

Litherland Walk-in Centre

Litherland Town Hall Health Centre,
Hatton Hill Rd, Litherland L21 9JN

Open from 8am - 8pm every day
including Easter bank holidays

West Lancashire Urgent Care Centre

Ormskirk Hospital, Wigan Road,
Ormskirk, L39 2AZ.

Open from 8am - 8pm every day
including Easter bank holidays

Skelmersdale Walk-in Centre

The Concourse, Skelmersdale,
WN8 6LJ

Open from 8am - 8pm every day
including Easter bank holidays

Get answers to hundreds
of health questions here

www.nhs.uk

- Find GPs, pharmacies and dentists in your area
- The largest health website in the country
- Information about hundreds of health issues
- Includes a symptom checker that offers advice if you have a health problem

Dental

If you need emergency treatment when your dentist is closed for the holidays you can call 0161 476 9651 from 9am to 9.30pm every day, including weekends and bank holidays.

You don't need to book an appointment here

- Friendly, confidential, expert advice and treatment of everyday health issues
- Local, in your community
- Open early till late, no appointment needed
- Ask your pharmacist about our Care at the Chemist scheme - you'll find a list of participating pharmacies on our websites
- Some other chemists may be open over Easter but you can rely on the below **opening times** for pharmacies in your area

South Sefton pharmacy opening times

		GOOD FRIDAY	EASTER SUNDAY	BANK HOLIDAY MONDAY
Asda Pharmacy Asda Superstore, Ormskirk Road Aintree, Liverpool, L10 3LN	0151 520 4410	9:00am to 6:00pm	CLOSED	9:00am to 6:00pm
Asda Pharmacy 81 Strand Road, Bootle, L20 4BB	0151 955 4110	9:00am to 6:00pm	CLOSED	9:00am to 6:00pm
Boots Aintree Racecourse Retail Park, Aintree, L9 5AN	0151 523 7349	9:00am to 8:00pm	CLOSED	11:00am to 5:00pm
Boots 24-26 Liverpool Road, Crosby, L23 5SF	0151 523 4338	9:00am to 5:30pm	CLOSED	CLOSED
Boots 138-139 Mons Square, New Strand, Bootle L20 4SX	0151 922 1006	8:30am to 5:30pm	CLOSED	CLOSED
Bridge Road Chemist 54 - 56 Bridge Road, Litherland, Liverpool L21 6PH	0151 920 6361	CLOSED	12:00pm to 2:00pm	CLOSED
Drakes Pharmacy 14 Aintree Road, Bootle, L20 9DL	0151 944 1007	CLOSED	2:00pm to 4:00pm	CLOSED
Gordon Short Chemist 159 College Road, Crosby, L23 3AT	0151 924 3449	CLOSED	2:00pm to 4:00pm	CLOSED
Higgins Pharmacy 77 Crosby Road North, Waterloo, Liverpool L22 4QD	0151 920 6803	CLOSED	12:00pm to 2:00pm	CLOSED
Netherton Pharmacy Gordon Youth Centre, Durham Avenue, Netherton, L30 1RF	0151 525 7706	CLOSED	12:00pm to 2:00pm	CLOSED
Rowland Pharmacy Coplehouse Lane, Fazakerley, L10 0AF	0151 525 1160	CLOSED	10:00am to 12:00pm	CLOSED
Station Pharmacy 24 Station Road, Maghull, L31 3DB	0151 526 1805	CLOSED	10:00am to 12:00pm	CLOSED
Superdrug Pharmacy 36-38 The Esplanade, Strand Shopping Centre, Bootle, L20 4SP	0151 922 2041	9:00am to 5:30pm	CLOSED	CLOSED

Southport & Formby pharmacy opening times

		GOOD FRIDAY	EASTER SUNDAY	BANK HOLIDAY MONDAY
ASDA Pharmacy Central 12 Shopping Park, Derby Road, Southport PR9 0TY	01704 502 250	9:00am to 6:00pm	CLOSED	9:00am to 6:00pm
Boots Unit 3, Central 12 Shopping Park, Derby Road, Southport, PR9 0TQ	01704 536 937	9:00am to 6:00pm	CLOSED	9:00am to 6:00pm
Boots 27 Chapel Lane, Formby, L37 4DL	01704 872 489	8:30am to 5:30pm	CLOSED	CLOSED
Boots 31 - 39 Chapel Street, Southport, PR8 1AH	01704 533 907	8:30am to 5:30pm	CLOSED	11:00am to 5:00pm
Cambridge Road Pharmacy 137 Cambridge Road, Southport, PR9 7LT	01704 227 065	CLOSED	9:00am to 7:00pm	CLOSED
Lloyds Pharmacy (Sainsburys Store) St Georges Place, Lord Street, Southport, PR9 0AF	01704 512275	9:00am to 5:00pm	CLOSED	9:00am to 5:00pm
Rowlands Pharmacy 15 Chapel Lane, Formby, L37 4DL	01704 872 009	12:00 to 1:00pm	12:00 to 1:00pm	12:00 to 1:00pm
Superdrug Pharmacy 10 Eastbank Street, Southport, PR8 1DJ	01704 530 994	9:00am to 5:30pm	10:00am to 12:00pm	CLOSED
Tesco Instore Pharmacy Town Lane, Southport, PR8 5JK	0345 677 9628	9:00am to 6:00pm	CLOSED	10:00am to 4:00pm

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Stock up on things you need **before the holidays** start to treat minor illnesses, such as:

• Headaches • Fever • Sore throats • Coughs and colds

Local pharmacies offer expert advice on health issues without the need for an appointment. Make sure you are up to date with your repeat prescriptions from your GP before weekends and bank holidays - but remember not to over order.

NHS

