

South & Central Community Champion Network Meeting

Wednesday 26th May 2021

Zoom meeting themed:

NHS South Sefton CCG & Sefton Carers

Chair

Barbara Rouse (BR)

Bootle YMCA / Bootle Action group

Attendees

Kevin Halewood (KH)

Crosby Locality Representative

Jennie Meehan (JM)

Bootle Locality Representative

Helen Roberts (HR)

Seaforth & Litherland Locality Representative (also covering Hightown & Ince)

Mandy Lewtas (ML)

Kindfulness Café

Rosemary Hart (RH)

Kindhearts Café

Vikki Martlow (VM)

Sefton Opera

Justine Shenton (JS)

Sefton Advocacy

Bob Wilkinson (BW)

The Samaritans

Joanne English (JE)

People First Merseyside

Simon Walker (SW)

People First Merseyside

Lesley Curran (LC)

People First Merseyside

Peter Davies (PD)

Liverpool & Sefton Age Concern

Clare Johnston (CJ)

Sefton Carers

Joan McArdle (JMc)

The Swan Women's Centre

Healthwatch staff member(s)

Wendy Andersen (WA)

Engagement & Participation Manager

Guest Speaker(s)

Caroline Hesketh (CH)

Sefton Carers

Jane Elliott (JE)

NHS South Sefton CCG

Apologies

Maurice Byrne (MB)	Maghull Locality Representative
Chris Dale (CD)	Crosby Age Concern
Nicola Hall (NH)	People First Merseyside
Sandra Bell (SB)	The Reach Mens Centre
Debbie Kelly (DK)	The May Logan Centre
Graeme Gardiner (GG)	Marine in the Community

1. Introductions & Housekeeping

BR welcomed all members and guest speakers to our Community Champion zoom meeting.

Guest speakers and topics planned for today's meeting:

- Sefton Carers – Older Carers activities
- NHS South Sefton Clinical Commissioning Group update
- PC24 (Did not attend)

The last south and central Community Champion network meeting was held April 2021 themed on:

- Mersey Care – Mental Health services & Community Services
- NHS Informatics – GP website project
- Healthwatch Sefton – Advocacy

House keeping was covered and speakers were asked to introduce themselves. BR introduced the guest speakers.

2. Code of Conduct / Declarations of Interest

BR informed everyone that WA had circulated the Healthwatch Sefton Code of Conduct. Members were asked to read and once agreed to print their name and sign it on the back page and return via email to WA. Members were asked if they are yet to do this to complete this asap. During this meeting all members were informed that they were to abide by the Code of Conduct and Kindness and Respect Guidelines.

BR asked if there were any declarations of interest.

No declarations of interest were declared.

3. NHS South Sefton CCG – Jane Elliott

JE provided an update on the local vaccination programme. This was currently running across 2 sites in Maghull and North Park, Bootle and there was an exit plan in place for the end of June. This was only for the local programme and the national programme would continue. JE reported that the programme was running successfully.

Question: BR asked who is being seen at the local vaccine centres.

Answer: JE stated they have been working to identify and invite people who fit into the cohorts that should have been vaccinated. This has proved successful and in the Seaforth locality they had operation Parachute where they identified and vaccinated 250 patients.

HR stated that she took part in operation Parachute and it was good to hear the results from this operation.

JE stated that if anyone within the cohorts of being vaccinated need their first vaccine they can be referred to her.

Question: KH asked now that you are winding down locally, for people who have had their first vaccination at either Maghull or Bootle where will they go for their 2nd vaccination?

Answer: JE stated if they have had their 1st vaccination at the local centre they may get their 2nd vaccination through the national programme which could include a local chemist.

Question: KH asked if there was any information available in relation to the vaccination booster.

Answer: JE said there was no information available as yet.

The question was asked concerning the Astra Zeneca and would this be given to the under 40's?

Answer: JE replied to say that Gov guidance had changed and that the Astra Zeneca would not be given to under 40's instead it would be either the Pfizer or Moderna vaccination.

Question: JS asked for clarification if the Sefton Vaccination programme was being delivered by the Clinical Commissioning Group (CCG).

Answer: JE stated No, the programme is being delivered by Crosby, Bootle, Maghull and Seaforth PCN, the CCG are supporting them. If you book via the National programme this is via the phone or website and when using the national programme you will book both your 1st and 2nd vaccination at the same time (just to add people can phone 119 to get booked in).

GP practice Patient Participation Group's (PPG's). JE informed members that this area of work was being picked back up and a Steering Group will be formed to drive this work forward.

BR thanked JE for attending today's meeting and answering questions. BR asked if there were any further questions for JE to email WA.

4. Sefton Carers – Caroline Hesketh

CH introduced herself and said she was working for Sefton Carers on a new project – The Active Older Carers project. A survey was carried out with older carers and their responses were used to set up the project.

The project has 3 platforms:

- Activity based packs (to do at home)
- On-line sessions
- Small group sessions (face-to-face)

The project is aimed to empower older carers over 60 years to look after their own health and wellbeing.

Question: BR asked what they do when they meet.

Answer: CH stated on-line meetings are via zoom or Facebook. They offer a live stream for exercise classes including yoga and Zumba. In addition that have

recently joined forces with a charity Create Arts and the sessions provided will be free Art & Craft workshops and resources will be provided.

For carers who have no access to IT we will bring them into the centre and they can use the IT here so they can join in.

Question: JM asked if the exercise classes cater for carers with disabilities.

Answer: CH stated yes, the different classes have different levels and on a Friday they do chair based exercises.

Question: JE asked what name are you under on Facebook.

Answer: Sefton Carers

BR thanked CH for attending and providing an update on the project. CH will forward any promotional materials to WA to be shared with members.

5. Community Champion updates

BR asked for each member to provide an update on the work they / their organisation had been involved in during COVID-19:

Bootle YMCA – BR reported that the centre was gradually starting to open. BR informed members that Derby Park Bowling Group is looking for people to join.

Healthwatch Sefton Seaforth & Litherland Volunteer Locality Rep (and Hightown) – HR informed members that she supported operation Parachute in the Seaforth locality. HR also stated she is making contacts in the Hightown area and is looking to attend a Parish Council meeting to promote Healthwatch and explore ways to engage with the community.

Healthwatch Sefton Crosby Volunteer Locality Rep – KH has been contacting and engaging with GP surgeries in the Crosby locality. KH is now the Healthwatch Sefton Ambassador for Liverpool University Hospitals Foundation Trust 'Acute and Emergency Medicine Patient Experience Group' meeting.

Sefton Opera – VM reported that they have a wide range of activities now up and running including:

- Pamper group sessions
- Computers
- Crafts group (They have sent cards to 100 people as part of the Sir Captain Tom Campaign)
- Meditation
- Chair exercise group
- Knit and Natter (knitting poppies for the British Legion as part of the Sir Captain Tom campaign)
- Never to late group

VM reported that next week they were starting a loneliness group and that they had joined the Sir Captain Tom campaign to raise funds. The tea dances will be starting up again with the first one planned for July 2021.

VM reported that the men's group they run is currently recruiting new members. The group is for over 50's. VM asked members to let people know about the group.

Kindhearts Café – RH reported that the café will be re-opening again from next week at a new location St Faiths Church Hall. RH stated they will be contacting all the usual members to let them know and they will also be leafleting in the area around St Faiths to inform local residents.

Address: St Faith's, Crosby Rd North, Waterloo, Liverpool L23.

KH stated that he would be available to support with the leafleting in Crosby.

Question: What time is the café open?

Answer: The café is open between 11am – 2pm

Kindfulness Café – ML informed members that they were now fully open and had been very busy. ML informed members of current activities and said she would share a leaflet / timetable to be shared. [Action: WA to include the leaflet / timetable when sending out the notes.](#)

ML stated they had been offered free anger management for members. At present they are finding some of the previous members are still not accessing the services and it has been hard to get them re-connected with the service.

The Samaritans – BW reported that they were in the process of linking up with venues to support people who are victims of domestic violence. There has been an increase in calls of domestic violence.

BW stated that the office based in Southport was still not working face-to-face as yet. The organisation offers an on-line chat that is available (not 24 hours). This is being introduced slowly to ensure it is working effectively. This service can be accessed via the Samaritans website.

Another area being progressed is linking in with local taxi firms. Tesco based in Kew will also advertise The Samaritans at their petrol station during the month of July 2021.

Liverpool & Sefton Age Concern – PD stated they are still operating the befriending service via the phone. PD reported that a meeting was being held in the week to explore how the service will work and plan a road map for future working.

People First Merseyside – JE updated members on the Red Flag programme that aims to raise awareness of the signs and symptoms of cancer. The programme was put on hold during Covid-19 but on the coming Friday members will be delivering their first two roadshows in Yorkshire. Members are currently practicing to deliver this.

It was reported that the BSL course had just finished and that members attended this at the office. SW reported he had his first day back in the office to do his BSL exam and he passed. LC and SW reported that they were both delivering training in June 21.

Sefton Carers - CJ reported that it was Carers week w/c 7th June and that there would be an advert in the champion newspaper as there will be activities happening in the centre but that they are pre-bookable only. Moving forward the centre is hoping to be open to more clients but at present they are restricted to 10 people.

Moving forward the centre will be looking at a mix of platforms as some people are still not ready to come back to the centre. There will be a mix of on-line as well as face-to-face.

The Swan Women's Centre – JMc reported that the centre had been open since 12th April and that they had been offering face-to-face services. Zoom counselling is still available and the centre will be keeping both options of on-line and face-to-face for clients. Continued funding has been received for counselling for SWACA clients and the Young Persons Counselling has also been funded to continue.

A new perinatal support group has been set up and JMc will share the information with WA to be shared out. **Action: WA to share the information with members.**

Sefton Advocacy / Sefton Older Person's forum –

JS informed members that the next Sefton Partnership Older Person's forum would be focussed on what partners can do to help people recover from Covid.

6. Healthwatch Sefton updates

- Healthwatch Sefton vacancy – The role of Signposting & Information Officer has been filled. Amanda Williams will commence in her role on the 21st June. Amanda will be invited to a champion meeting to be introduced.
- The Healthwatch Sefton Steering group meeting was held on 19th May 2021. The work plan has been reviewed and revised in-line with COVID. To access Steering Group minutes visit: <https://healthwatchsefton.co.uk/about-us/steering-group-minutes/>
- GP Access project – Healthwatch Sefton is working in partnership both NHS Sefton CCG's, Sefton CVS and Care Quality Commission (CQC). The project aims to gather feedback from patients on accessing their GP surgery finding out what is working well and where improvements are needed.
- NHS Informatics – GP website survey – this was a topic during April's meeting and the survey will be circulated to all members who attended the meeting.
- Case studies – WA reported that 2 case studies had been carried out re: Aintree hospital A&E and NHS 111 service. Both case studies had been submitted to Liverpool University Hospitals Foundation Trust, NHS South Sefton CCG and NWAS.
- The June Champion meeting – guest speakers will include the Litherland Town Hall Walk-In Centre / Treatment Rooms.

7. Emerging Health or Social Care themes

Identified during this meeting:

None identified during this meeting.

8. Community Champion network notes for approval

The notes from the meeting held on Tuesday 27th April 2021 were previously circulated to all members for comments or amendments and were today agreed as accurate at the meeting.

There were no outstanding actions following the April 2021 meeting.

9. Previous emerging issues / questions taken forward to Healthwatch Steering group.

All emerging themes from the April 2021 meeting were noted at the Steering Group.

Note: If members would like any emerging issues discussed on the Steering Group agenda then please complete the 'Tell us what we should focus on' form.

10. Feedback to be taken forward to Steering Group

Identified emerging health and social care themes as below:

None identified.

Please note: emerging themes will only be noted at Steering group. The form 'Tell us what we should focus on' needs to be completed for themes to be discussed at the meeting.

11. Information exchange/ Any Other Business

None recorded.

Date and Time of Next Meeting:

Thursday 24th June at 10 am

Venue: ZOOM